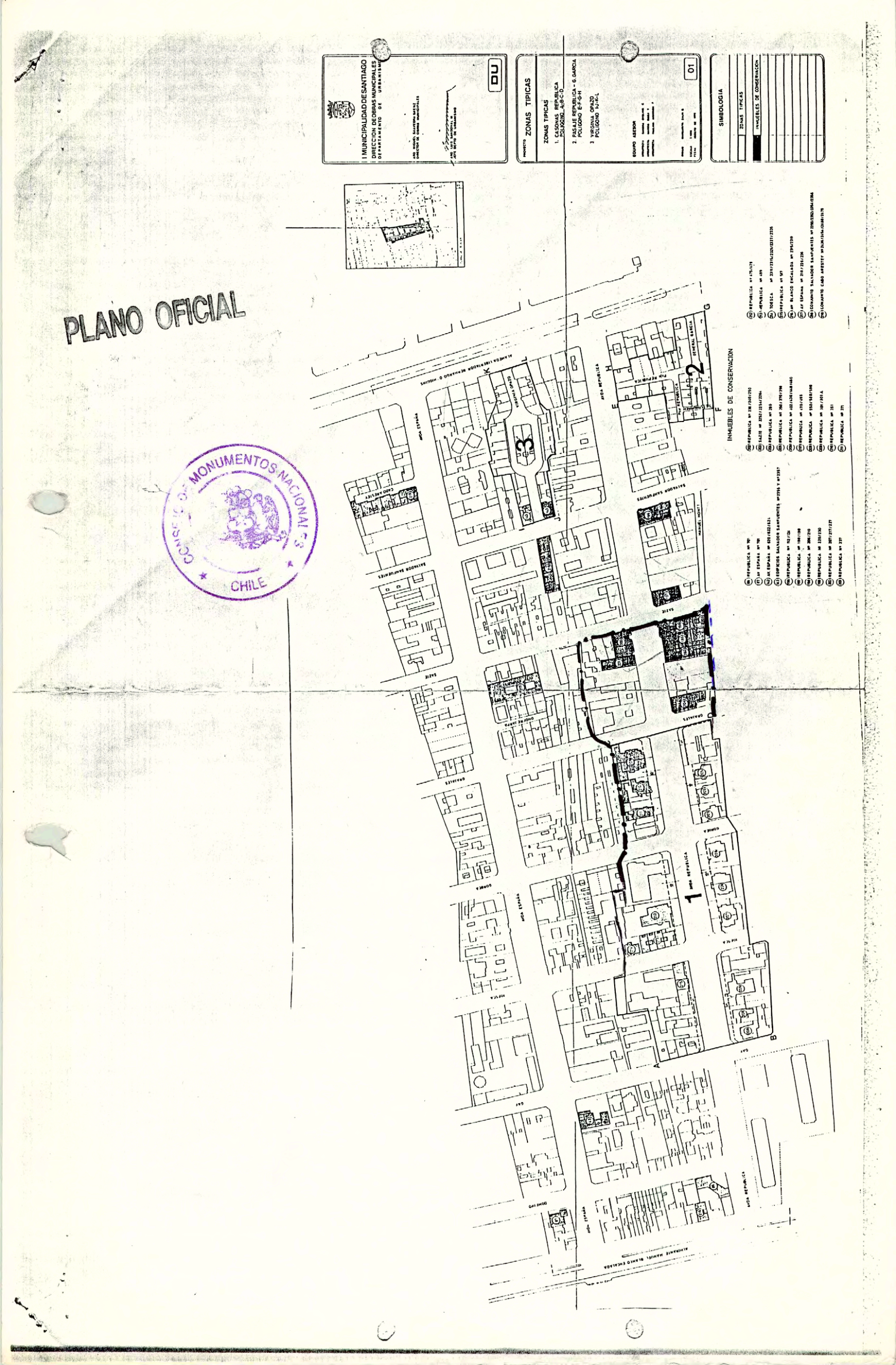PLANO OFICIAL